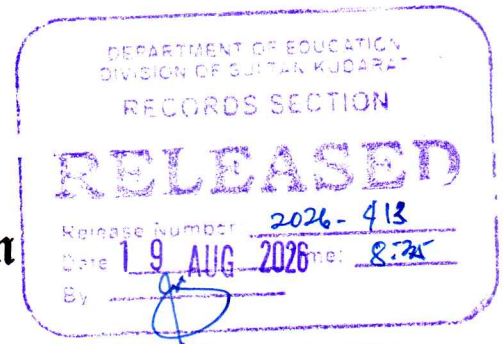




Republic of the Philippines
Department of Education
REGION XII
DIVISION OF SULTAN KUDARAT



August 17, 2026

Division MEMORANDUM

SGOD-SHS No. **155** 2026

PREVENTIVE MEASURES FOR EXTREME HEAT IN SCHOOLS DUE TO HIGH HEAT INDEX

To: Assistant Schools Division Superintendent
Chiefs of the Functional Divisions
Public Schools District Supervisors/Principals In-Charge
Elementary and Secondary School Administrators
School Health Personnel
Concerned Personnel
This Division

1. In view of the heat index forecasts and advisories issued by the Philippine Atmospheric, Geophysical and Astronomical Services Administration (PAGASA), as well as reports of extreme heat conditions that may adversely affect the health, safety, and well-being of learners and personnel, all concerned are hereby enjoined to undertake appropriate preventive measures to mitigate the risks associated with extreme heat in schools. This is in accordance with applicable Department of Education (DepEd) policies and guidelines on class suspension and the strengthening of monitoring amid elevated heat index levels, as well as relevant public health advisories and issuances of national and local health authorities.
2. The School Health and Nutrition Section (SHNS), through the School Health and Nutrition personnel, emphasizes the need for all School Heads to ensure that school environments remain safe, healthy, and conducive to learning, while protecting the health, safety, and well-being of learners and personnel during periods of extreme heat.
3. In this regard, all School Heads, **School Oplan sa Kalusugan sa DepEd (OKD) Coordinators**, School Disaster Risk Reduction and Management (DRRM) Coordinators, and School Nurses are directed to closely coordinate and collaborate in implementing appropriate preventive and responsive measures to minimize the effects of extreme heat on learners, teaching personnel, and non-teaching personnel.
4. Accordingly, all school heads are directed to implement and strictly observe the following preventive measures:
 - 4.1 Inspect classrooms, offices, and other learning spaces to ensure adequate ventilation and identify conditions that may contribute to excessive heat, including

MTRS/SGOD-SHS/ **PREVENTIVE MEASURES FOR EXTREME HEAT IN SCHOOLS DUE TO HIGH HEAT INDEX**

2026/DSK-DIT DivMemov2r0.0e01.08.21/ August 17, 2026



Address: Kenram, Isulan, Sultan Kudarat
Telephone No.: (064) 471 1007
Website: <https://depedsultankudarat.org> Email: depedsk.r12@deped.gov.ph





Republic of the Philippines
Department of Education
REGION XII
DIVISION OF SULTAN KUDARAT

overcrowding and inadequate airflow. Air-cooling devices such as electric fans, industrial fans, and other appropriate cooling equipment shall be provided and utilized, as available.

4.2 Stay hydrated: Increase water intake and avoid sugary, sports drinks or alcohol.

4.3 Sun protection: Wear a hat, use an umbrella, sunglasses, and sunscreen with SPF to protect the skin from harmful UV rays of the sun.

4.4 Discourage or, when necessary, reschedule outdoor activities and other strenuous physical activities that may expose learners and personnel to direct sunlight and excessive heat, particularly during periods of high heat index.

4.5 School drills shall be conducted in the morning to avoid heat exhaustion among learners and teachers.

4.6 Encourage the wearing of light-colored, loose-fitting, comfortable, and appropriate clothing, consistent with existing DepEd policies and school guidelines, to promote comfort and ventilation during periods of extreme heat.

4.7 Ensure adherence to relevant Public Health Advisories on El Niño, extreme heat, and heat-related illnesses issued by local and national health authorities.

4. School Heads shall continuously monitor the heat index and prevailing environmental conditions in their respective schools and exercise appropriate judgment in adjusting or rescheduling school activities when conditions become unsafe or unfavorable for learners and personnel.

5. In cases where the prevailing environmental conditions warrant the cancellation or suspension of classes and/or work, School Heads and concerned authorities shall observe the applicable provisions of **DepEd Order No. 37, s. 2022**, entitled *Guidelines on the Cancellation or Suspension of Classes and Work in Schools in the Event of Natural Disasters, Power Outages/Power Interruptions, and Other Calamities*, and other subsequent relevant DepEd issuances.

6. Whenever alternative delivery arrangements or other appropriate learning modalities are deemed necessary due to unsafe environmental conditions, the concerned School Head shall ensure compliance with existing DepEd policies and shall coordinate with the Schools Division Office for appropriate guidance and action.

7. Private schools are likewise encouraged to adopt appropriate preventive measures consistent with their respective policies and applicable DepEd issuances, in consultation with their school administrators and relevant health and safety personnel.

8. For more information, all concerned may contact **Wilfredo D. Panceras II, Medical Officer III**, at 0960-269-5247 or **Ma. Theresa R. Segura, RN**, Division Medical-Dental and Nursing Services Coordinator, at 0977-807-4428.

MTRS/SGOD-SHS, **PREVENTIVE MEASURES FOR EXTREME HEAT IN SCHOOLS DUE TO HIGH HEAT INDEX**
2026/DSK-DIT DivMemov2r0.0e01.08.21/August 17, 2026



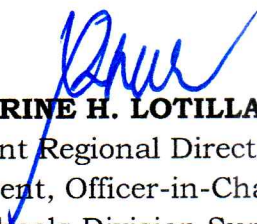
Address: Kenram, Isulan, Sultan Kudarat
Telephone No.: (064) 471 1007
Website: <https://depedsultankudarat.org> **Email:** depedsk.r12@deped.gov.ph





Republic of the Philippines
Department of Education
REGION XII
DIVISION OF SULTAN KUDARAT

9. Immediate dissemination of this Memorandum is desired.


KATHRINE H. LOTILLA
Assistant Regional Director
concurrent, Officer-in-Charge
Office of the Schools Division Superintendent

Encl/s.: None

References: None

To be indicated in the Perpetual Index under the following subject

ANNUAL PHYSICAL EXAMINATION

MDNS

MTRS/SGOD-SHS, **PREVENTIVE MEASURES FOR EXTREME HEAT IN SCHOOLS DUE TO HIGH HEAT INDEX**
2026/DSK-DIT DivMemov2r0.0e01.08.21/August 17, 2026



Address: Kenram, Isulan, Sultan Kudarat
Telephone No.: (064) 471 1007
Website: <https://depedsultankudarat.org> **Email:** depedsk.r12@deped.gov.ph

