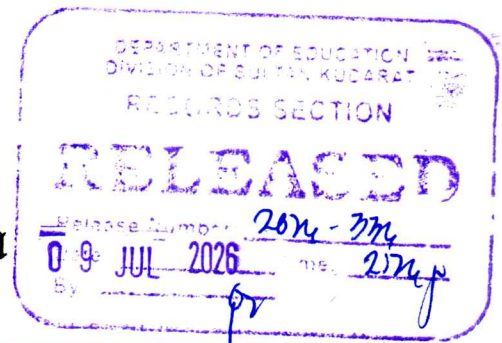




Republic of the Philippines
Department of Education
REGION XII
DIVISION OF SULTAN KUDARAT



July 6, 2026

Division MEMORANDUM

N^o . SGOD-SHS No. **127** s. 2026

2026 NUTRITION MONTH CELEBRATION

To: Assistant Schools Division Superintendent
Chiefs of the Functional Divisions
Public Schools District Supervisors/Principals In-Charge
Public Elementary and Secondary School Heads
This Division

1. Pursuant to Section 7 of Presidential Decree No. 491, also known as the Nutrition Act of the Philippines, which mandates the observance of Nutrition Month every July to raise awareness on the importance of good nutrition, the Department of Education – Division of Sultan Kudarat, through its School Health and Nutrition Section, expresses its full support for the strengthened advocacy to champion nutrition and environmental sustainability by actively participating in the 2026 Nutrition Month Celebration with the theme, “Sa PPAN: Sama-sama sa Nutrisyong Sapat Para sa Lahat” and the subtheme, **“Nutrisyon at Kalikasan, Ating Pangalagaan!”**

2. With this, all public elementary and secondary schools are encouraged to facilitate information dissemination through classroom-based instruction, including but not limited to the following topics:

- 2.1 Every Filipino should consume a balanced and varied diet that is sustainable and does not harm the planet, guided by the Pinggang Pinoy and 10 Kumainments.
- 2.2 Choose locally sourced, sustainably produced, seasonal, and whole foods to support both health and the environment.
- 2.3 Reduce food waste by planning meals and storing food properly.
- 2.4 Support the establishment and maintenance of school, home, and community gardens/farms to grow sustainable food.

3. Materials related to the celebration may be accessed through the official website of the National Nutrition Council: <https://nnc.gov.ph/> and Direct Campaign Link: <https://nnc.gov.ph/2026-national-nutrition-month.../>.

JGKT/SGOD-SHS/DM- 2026 Nutrition Month Celebration-DivMemo-v2r0.0e01.08.21/July 6, 2026



Address: Kenram, Isulan, Sultan Kudarat
Telephone No.: (064) 471 1007
Website: <https://divisiondsk.org>
Email: depedsk.r12@deped.gov.ph



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4. Schools are encouraged to submit relevant documents and highlights of their classroom-based instructions/advocacies related to 2026 Nutrition Month via <https://tinyurl.com/2026-NM-DSK> on or before August 15, 2026.
5. Should there be queries and clarifications, contact Johan Gay K. Temen, RN, MAN, proponent of this activity, at contact number 0936-316-3114 or email at johangay.temen@deped.gov.ph.
6. For the information and guidance of all concerned.

CRISPIN A. SOLIVEN JR., CESO V
Schools Division Superintendent

Encl/s.: None

Reference:

To be indicated in the Perpetual Index under the following subjects:

2026

ADVOCACIES

CELEBRATION

NUTRITION MONTH

JGKT/SGOD-SHS/DM- 2026 Nutrition Month Celebration-DivMemo-v2r0.0e01.08.21/July 6, 2026



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